

## SHELTERING-IN-PLACE

Whereas Kingston is located in the northeast coastal region of the country, we are susceptible to natural disasters such as hurricanes and northeasters. In addition, we are located within 10 miles of the Pilgrim Nuclear Power Station. Thus, owing to the potential for both natural and man-made disasters, it is important that our residents be knowledgeable about protecting themselves if *sheltering-in-place* should become necessary.

When sheltering-in-place owing to a radiological emergency, you should go or stay indoors and close all windows and doors. Turn off window fans, air conditioners and clothes dryers. Do not use a woodstove or fireplace. Close all vents. Listen to your Emergency Alert System radio/television station for further instructions. If you have pets or livestock, shelter them and give them food and water that comes from a covered source.

When sheltering-in-place owing to a natural disaster, go or stay indoors and close all windows and doors. If possible, utilize an interior room and stay away from windows. Listen to your Emergency Alert System radio/television station. Shelter your pets and give them food and water.

Every family should have an **Emergency Supply Kit**. The kit should be stored in a dry and cool place known to all family members. Water and food should be replaced every six months so that they stay fresh. Remember to review your kit annually and account for any changes in family needs.

- ✓ Three day supply of water per person
- ✓ One complete change of clothing per person
- ✓ Battery-operated flashlight and radio with new batteries
- ✓ Cell phone
- ✓ Emergency Preparedness manual with contact phone numbers
- ✓ First Aid kit
- ✓ Week's supply of non-perishable food
- ✓ Non-electric can opener, utility knife
- ✓ Cash or traveler's checks, change
- ✓ Blankets or sleeping bags
- ✓ Paper cups, plates and plastic utensils
- ✓ Soap, liquid detergent
- ✓ Toilet Paper, toilettes
- ✓ Personal hygiene items and feminine supplies
- ✓ Prescription and non-prescription drugs such as aspirin, anti-diarrhea medication and antacid

Additional sheltering-in-place information may be found on the American Red Cross website: [www.redcross.org/services/disaster/beprepared/shelterinplace.html](http://www.redcross.org/services/disaster/beprepared/shelterinplace.html)

If you should have questions or concerns in regard to *sheltering-in-place*, please call Kingston Emergency Management at 781-585-3135.