



# TOWN OF KINGSTON, MASSACHUSETTS

*Office of the*

## COUNCIL ON AGING

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### **KINGSTON COUNCIL ON AGING MONTHLY MEETING November 9, 2010**

The meeting was called to order at 1:05 P.M.

Members present: Bruce Bird, Barbara Costa, Delia Ferreira, Peg Riordan and Sylvia Vaz, Hazel Foley

Members not present: Tom Croce

In Attendance: Council On Aging Director Linda Felix, Ann Fiore, Weltha Bird

The Chair, Bruce Bird, announced the meeting was being recorded.

**SECRETARY'S REPORT:** October 12<sup>th</sup>, meeting minutes were read by Barbara Costa. With minor adjustments, motion made by Hazel Foley seconded by Peg Riordan. Unanimously accepted.

**DIRECTORS REPORT:** Linda Felix reported 33% of the budget has been used to date and is on track except for gasoline and office supplies. Gasoline and office supplies are over budget for the year to date. Bruce Bird figured in the past four (4) months, the vans have traveled 11,000 miles and based on the money spent to date, the department is paying approximately \$3.75 per gallon for gasoline. Linda Felix said she will look into the gasoline costs. Postage is on track and is not over budget at this time. Linda submitted the FY2012 budget last week.

On October 18<sup>th</sup>, the Fire Department trained the staff on CPR and ADE. Don and Barbara were out sick and need to reschedule their training with the Fire Dept. On October 20<sup>th</sup>, Plymouth trained Linda Felix, Dottie Neal and Marylou Bowmen on "My Senior Center". Meals on Wheels section, doesn't have an area to put notes in when a driver is unable to deliver a meal.

There was a discussion on the scanning process. Last week there were eighty (80) seniors at the luncheon and only sixty (60) had been scanned in. Linda has introduced scan cards to help keep track. Twenty eight (28) new cards have been passed out. Replacement cards were discussed. It was decided to charge a \$1.00 for a new card with the funds going to the Friends of the Council on Aging.

The pizza and tea parties were both well attended.

Plymouth Bay Orthopedic is unable to attend and sponsor the Lunch and Learn on Tuesday. Money from the breakfast will be used to buy the sub for the luncheon.

The Council on Aging Board meeting will be on November 16<sup>th</sup> from 9:00am to 12:00, in Duxbury. This is the same day as the Lunch and Learn. The Board of the Council on Aging will be attending the Board meeting in Duxbury.

Linda mentioned there will be a meeting tomorrow with GATRA to discuss providing rides to

Boston, on a specific day each week, for medical appointments.

Ann Fiore and Linda Felix will be working together to plan the 90 plus party.

Transportation has become a problem on Tuesdays and Thursdays with all the activities going on. There have been forty-one (41) rides denied. There maybe a need for a third van. Bruce Bird mentioned he would like to see the two (2) hours lost on Thursday afternoons restored along with a van available during lunches.

The Medical Equipment loan program has been cancelled. The notification is on the back of the November newsletter. A few months ago 564 newsletters were mailed, that amount was reduced to 537 and now the number is down to 395 with mailings to just Kingston residents. The cost of mailing the newsletters was \$137.47 and has been reduced to \$98.75.

Linda Felix mentioned combining the December and January newsletters. The new Senior Center maybe open as early as mid January and there maybe some confusion with the transition from one building to the other and notifying people.

Bingo will be stopped for the months of November and December because it is too busy with everything going on at the same time. It will be start up again in the new building.

Irene took Linda on a tour of the Village at Duxbury and an assisted living facility in Marshfield.

Linda Felix reported the new Senior Center will have a patch available at the desk for those hard of hearing.

Linda mentioned PACTV is interested in having a monthly show for the Kingston Council on Aging. She mentioned naming the show, the COA Senior Moments.

The activities for December are:

December 7 - Grief Counseling, Scott from the Beacon Hospice will present "Grief During the Holiday Season"

December 8 - Village at Duxbury is having a holiday party with entertainment. It begins at 12:00 and attendance is limited to fifty (50) people.

December 14 - Grief Counseling, Scott from the Beacon Hospice will present "Grief During the Holiday Season"

December 16 - Christmas Party at the Reed Building. The Police Chief will see if he can find funding for the party. The Police will be available to serve the meal.

December 28 - High Tea 12:00 and the seniors are welcomed to invite their grandchildren to attend

December 30 - New Years celebration, h'orderves and appetizers will be served

**OLD COLONY ELDERLY REPORT:** Linda Felix attended and reported the meeting was on Community Action.

**OLD COLONY PLANNING COUNCIL:** Dottie Neal and Hazel Foley attended. The meeting focused on budget discussions.

**SENIOR CENTER BUILDING REPORT:** Linda reported there was a meeting two (2) weeks ago. The furnishings have been picked out and the chairs will have arm rests. In the kitchen, room was found to have a double oven by eliminating a warming draw.

Bruce Bird suggested moving this section of the meeting to the Director's Report since the building is almost complete. The Board was in agreement.

**NEW BUSINESS:** There was discussion on who should pay for the candy in the candy dish. It

was decided to leave it as is with people donating money. Hazel Foley asked what the process was for people buying a take-out lunch and people buying any leftover lunches. The process was explained and it will stay the same.

**UNFINISHED BUSINESS:** Bruce Bird wanted to hold the discussion on the vans and term limits until there is a full board. The Board will wait until Tom Croce attends the next meeting.

**OPEN FORUM:** Delia mentioned she has been looking into getting a new bingo game. The cost to buy a new one is between \$5,000 and \$6,000. She has checked with the Knights of Columbus and Sacred Heart and there aren't any used ones available but she will continue to look for one.

Sylvia mentioned the luncheon with Tim Cruz was very informative and asked how the information can be presented to the people. It was mentioned to invite the speakers to the Senior Center for a presentation.

Motion to adjourn by Hazel Foley, seconded by Delia Ferreira. Meeting adjourned at 2:45 P.M.

Respectfully submitted

Barbara D. Costa  
Secretary